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Harrow U3A website
www.harrowu3a.co.uk

CHAIRMAN'S MESSAGE

Summer is a-coming in.

Well, we're waiting with bated breath to hear about the progress of Cultura London with their plans for HAC. It is promised that we should hear about the transfer of the running of the building by the end of the month. We hope to hear before then about the agreement that Harrow Council will repair the lovely listed roof.

I presume you have all been into Elliott Hall and gazed up, past the lighting gantries to the wonderful wooden beams and the stained glass window. If you haven't, take a moment to do so.

We have a New Members' Meeting soon, when we hope to find one or two members willing to help set up some new groups. According to Ian McCannah [Trustee for U3A London Region] who spoke to us at the AGM, most other local U3As run their classes on a self-help basis, which is not so intimidating as having full responsibility. We could share a love of poetry, buildings, cultural holiday experiences or swap recipes; none of these would need an expert to lead the group. You can probably think of other topics also.

As I mentioned at the AGM, several members of your committee will be attending a seminar in April to learn about new membership systems. It

would be good to reduce some of the workload that the membership secretaries have and bring ourselves more up to date. We will let you know our thoughts in due course.

Another discussion event that Chairs of London groups will be attending in April is "The U3A Role in Aging Well". This will be led by our new national CEO Samantha Mauger who came to U3A from AgeUK, who I am sure will be bringing some fresh thoughts for us to consider. If



anyone has suggestions or questions for me to raise do please let me know.

Considering what Ian told us about the public perception of U3A compared with AgeUK, it will be interesting to see if she has any thoughts in that area.

I was pleased to find that all our Harrow U3A promotional leaflets were taken; hopefully this means that lots of new contacts and connections will be made with prospective new members. Don't forget to leave your Third Age Matters magazine in doctors' and dentists' reading racks (not the Newsletter though, as it contains personal details of our committee).

I look forward to seeing some of you at the Easter School at Hampstead and the Summer School at the St. Bride's Institute near Fleet Street.

Anne Gerrard

Please send Notices, Articles and Photos to newsletter.hu3a@yahoo.co.uk

PLEASE SUBMIT ENTRIES FOR THE NEXT NEWSLETTER BEFORE MONDAY 10TH JULY

Please submit articles as Word (or similar) text files attached to an email, or as text in the body of the email. Please include the article title in the Subject line of the email. Photos should be high resolution .jpg files and attached to the email, not as pictures embedded in the email or Word document.



The Editor reserves the right to edit the length of Notices and Articles to fit in the space available. Wherever possible the Author will be consulted beforehand, but the Editor's decision is final.

Opinions expressed in the Newsletter do not necessarily reflect policies of Harrow U3A or of the Third Age Trust.

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Hello, everyone.
You will notice that this issue of the Newsletter has fewer pages than normal. This is because I have received only one article for Recent Activities, about a visit to Docklands, plus a few photos. I am very disappointed that all the hard work invested by our group leaders, management committee and the tours and visits organisers is not more appreciated and acknowledged by more of you who participate.



London, giving an update on the current situation.

I understand that the delay in officially handing over the running of HAC is the detail in the wording of the legal agreements and the lawyers are checking every 't' is crossed and every 'i' dotted before it can be signed off.

At the time of writing this, the "Brexit Act" has just gone through the House of Commons who rejected the amendments proposed by the House of Lords. It is expected that the Notice to leave the EU will be issued very soon. Let us hope that the summer brings not only good weather but a not too tumultuous negotiation over the coming months (irrespective of our own personal political feelings). I doubt that the UK will come through unscathed, but I pray that we will not be too bloodied and bruised.

Stephen Dorff

LIFT ACCESS AT HARROW ARTS CENTRE

You are probably aware that the lift at HAC seems to break down with monotonous regularity. Having spoken with the HAC management, it has been found that the problems occur because people try to pull the door open/closed instead of waiting for it to work automatically. They also keep pressing the buttons before the door has closed. This causes the mechanism to fail! There are notices inside and outside the lift, but most people don't bother to read them!!!

To avoid problems, please ...

- DO NOT attempt to pull/push the door open/closed—**WAIT FOR IT TO OPEN AUTOMATICALLY.**
- DO NOT press the floor-call button inside the lift **UNTIL THE DOOR HAS CLOSED FULLY.**



MONTHLY SPEAKERS

Talks are on the **last Thursday in the month** (except where noted otherwise) and **start promptly at 10.30am**. They are held in the **Hatch End Suites 1 & 2** at the Harrow Arts Centre, Uxbridge Road, Hatch End, HA5 4EA. **Please come early to get a good seat and not disturb the speaker or audience.** For further details please check the U3A notice board in the entrance lobby near the lift. I have tried to arrange a wide range of subjects and have asked the most popular speakers to return.

These meetings provide an opportunity for members from all groups to come together and we welcome non-members, who may attend one meeting before joining Harrow U3A. The meetings are unashamedly publicity-seeking, and to advertise U3A to a wide audience.

Thursday 25th May: Mel Rees—“That’s Life”

Returning by popular request, Mel will present a light-hearted look at the travails of family life.

Thursday 29th June: David C Evans—“Plus Full Supporting Programme”

The Heyday of cinema-going in Britain, 1941 to early 1950s. How cinemas faced some of the challenges of the era and what the audience could expect to see during their picture-going experience at this time.

Thursday 27th July: Terry Feldman MSc(Psych)—“Thinking”

Do you think? Come and find out if you do (or not).

Helen West

CRYPTIC CROSSWORD

Across

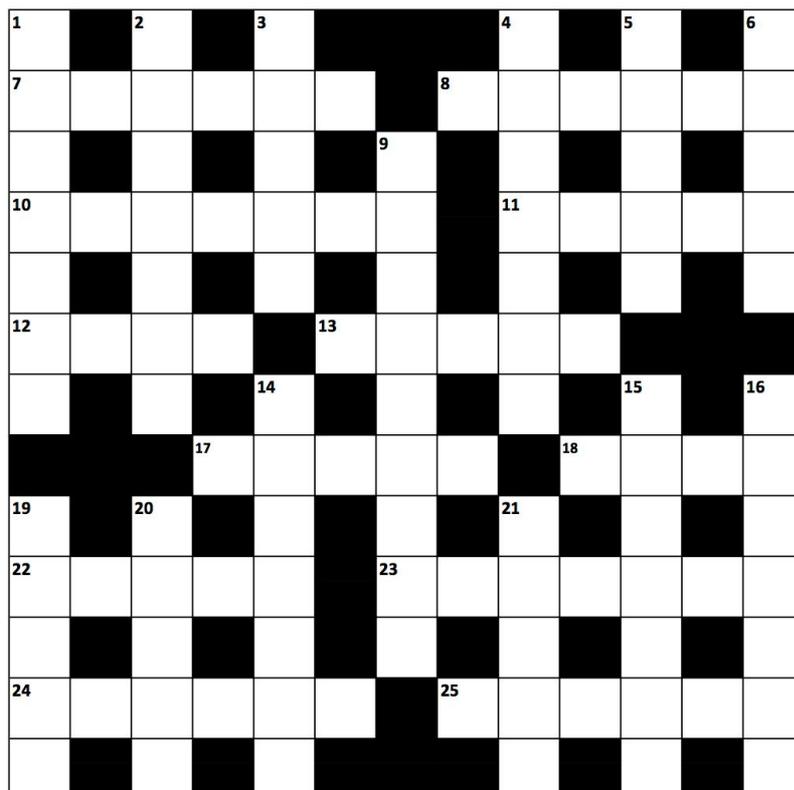
- 7 Starting out using two people upsets the production (6)
- 8 Shooting star comes from remote concoction (6)
- 10 Artist nearly completes fiddle for stuffed pasta (7)
- 11 Very soft landing in dried grass makes one delighted (5)
- 12 Deity holds nothing moral (4)
- 13 Begins to remove model leads (5)
- 17 Prepared to consume literature at the start of the year (5)
- 18 Courage without power yields fortune (4)
- 22 Picture me leading game anew (5)
- 23 Longed for year end assembly (7)
- 24 Fitness of fifty in common (6)
- 25 Second childhood for the Internet era (6)

Down

- 1 Bravery of firm with universal anger (7)
- 2 Greek character from Enfield (7)
- 3 Mattress was assumed to be loud, not quiet (5)
- 4 Limits arrangement of the rest (7)
- 5 The French were inclined to have jumped (5)
- 6 Stray strays may carry breakfast (5)
- 9 Dishy brat confused anniversaries (9)
- 14 Start loving with two kisses in Rome – that’s the limit(7)

- 15 Excited parent acquires posh place close by (3, 4)
- 16 Jested after second slithered (7)
- 19 Attack left from the stairs (5)
- 20 Outlaw chased by Capone; that’s corny (5)
- 21 Sounds like the way to do things on the estate (5)

Compiled by Harrow U3A Cryptic Crossword group



SUNDAY GROUP

SUMMER 2017

This group is intended for members who may be alone on a Sunday. **YOU DO NOT NEED TO BOOK A PLACE** but we ask members to phone **SHEILAH LOWE** on **020 8861 3821** if they wish to come. The group will leave at the appointed time with those who have registered their interest. Further information and Travel Details **WILL BE IN THE YAHOO EMAIL** sent out near the date of each outing. If you are not online please phone SHEILAH near to the date.

MAY 21 ST ALBANS CATHEDRAL AND TOWN. We plan to have a picnic lunch in the Park, or if wet, use a local café, (there are many) then visit the Cathedral and see all of its displays and treasures. The town has many interesting features. We finish with Tea in the refectory. Meet in St Albans by the Town Hall entrance at 12.30; or for the Cathedral only, at 2.00 in its entrance hall. Travel by car or use bus 258 to Watford Junction and then catch the 321 to St Albans Town Hall.

JUNE 18 MALL PICTURE GALLERIES NEW ENGLISH ART CLUB ANNUAL OPEN EXHIBITION. This exhibition spotlights the work of a vibrant and diverse group of visual artists whose work is based principally upon direct observation of nature and the human figure. This gives aspiring artists an opportunity to exhibit alongside some of the best figurative artists today in Printing, Drawing and Printmaking. Meet at 12.30 for either a picnic lunch in Green Park, followed by a short walk to the Galleries in the Mall. If it is wet that day we will go to Charing Cross Station. Or for the exhibition only: travel to Charing Cross (Trafalgar Square exit) by tube and meet in the entrance to the Galleries at 1.30

JULY 16 A RIVER TRIP TO GREENWICH. The extensive conservation work on the Painted Hall ceiling is now finished and we can see the work from a new observation deck to view the pictures that have been obscured over the years by pollution etc. We can also visit Trinity Laban University and the Chapel with the wonderfully ornate organ. Meet at 12.00 at Westminster Pier to get our tickets. We plan to picnic or buy a snack on the boat. Freedom pass holders get a good reduction in fares. Travel by Met and Jubilee Line to Westminster Station. Or for Greenwich only use the DLR from Bank on the Northern and Central Lines. Meet at Greenwich Pier at 2.00

AUGUST 20 SPITALFIELDS MARKET AND WALK WITH LUNCH IN OR NEAR THE MARKET. Spitalfields takes its name from the hospital and priory, St. Mary's Spittel that was founded in 1197. Evidence of the people and communities that have given the area its unique character can still be seen – a Huguenot church, a Methodist chapel, a Jewish synagogue, and Muslim mosque stand among traditional and new shops, restaurants, markets and homes. For the market only meet at the same place at 2.00. Travel via Circle or District or Central lines to Liverpool St Station with a five minute walk to the market.

MEMBERSHIP NEWS

A huge thankyou to Val Bard for all her hard work as Joint Membership Secretary over the last three years, processing all the new members & renewals with great efficiency – around 1125 of them since July 2016. And a warm welcome to **Frances Howard**, who was elected at the AGM to take on the same role in the future. Kathy Westhead continues putting your details on the database. Contact details are at the back of this Newsletter.

If any of your friends want to join HU3A (word of mouth does seem to be the most effective recruitment method), please let them know that they can now join via email and bank transfer. The details will probably be on the website by the time this Newsletter comes out – if not, ask them to email to membership.hu3a@yahoo.co.uk. We hope that introducing this now will enable any bugs to be sorted out before the renewals season starts in August. We are still trying to find an economic and effective way of setting up to use Direct Debits.

Sustainability Group — HAC Kenton Room, Mondays 10.00am

Harrow U3A's Sustainability Group meets on the first Monday of each month. At each meeting a member of the Group gives a talk on a topic which he or she has investigated and we have a discussion; thus we educate ourselves and each other. We also visit places of interest, attend conferences and public lectures, hear invited speakers, and exchange information.

The Sustainability Group will shortly have a voice at the Harrow VCS Forum's environment and sustainability sub-group where we and other residents' representatives support the Council in its efforts on biodiversity, green spaces etc., and comment on the unsustainable nature of some of its plans. We'll be glad to welcome any U3A members with an interest or just curiosity about any of these topics.

Our next meeting: Monday 3 April

Please call Richard or Helen on 020 8427 6086, email rmaylan@ntlworld.com

Jazz Appreciation 1 — HAC Weald Room, Thursdays 2.00pm

Frank Segal's remit is to present music from the Jazz/Swing Era and to hear presentations from any members on subjects of their choice, if they so wish. The primary aim is to listen to and enjoy our kind of music.

New members are welcome - we currently have vacancies for this group. For enquiries and further information contact Frank by email at: frank@segal1933.plus.com

Chamber Music Group — Pinner, Thursdays 2.00pm

Gerald Rickayzen opens his home in Pinner to the group on alternate Thursday afternoons to listen to chamber music. The music comes from CDs or from YouTube via television. Programmes have included quartets, quintets and sonatas from composers from Bach to the present day.

The playing time usually finishes between 3.00 and 3.30 pm after which members are invited to have tea. Music is chosen by Gerald but suggestions are encouraged.

For further information contact Gerald on 020 8866 5589 or at grickayzen@gmail.com

Contrasts in Classical Piano Music — HAC Pinner Room, Tuesdays 10.15am

The Contrasts in Classical Piano Music Group meets on alternate Tuesdays at 10.15. We aim to explore the classical piano repertoire through recordings, concentrating on works composed between the mid-18th and mid-20th centuries. The repertoire is enormous, but at public concerts there is a tendency for the same works to crop up again and again. We hope to discover some unfamiliar works which are worth a second hearing. Every week, the chosen music relates in some way to a different theme (Shakespeare, Water, Spain are recent examples of themes) and the aim is to listen to a range of contrasting music from different composers.

For further information, please contact Jim Niblett Tel: 020 8428 3505 Mob: 07798 893700
Email: jimniblett53@gmail.com

Arts & Crafts Group — HAC Turner Room, Thursdays 1.30pm

We have vacancies and would welcome newcomers. We cover a variety of activities, including card making, glass painting, quilling, pottery, mosaics, knitting, toy making, etc. We are a very friendly group and invite new members to give us a try. For further information, please phone Ricky Holland on 020 8866 2515 or Pat Goodman on 020 8958 3566.

The Lunch Club — 'Like a party every month'

The Lunch Club has been running for nine years—we have just celebrated our 100th lunch at Donna Teresa in Hatch End. Each month we go to a different restaurant in the area; members receive details of the venue well in advance, including the menu, and send their choice back to the group leader Aimé Levy together with their cheque (we keep the cost within £10 to £14). Numbers average 20-25. There is no waiting list. The social side of the Lunch Club is great, but the food is important too, very varied – we are blessed with many kinds of restaurants in this area and have been to Italian, Chinese, Indian, Turkish, Thai – even Afghan restaurants. Sometimes it's a high class pub or a fish and chips restaurant.

So if you are a sociable foodie, come and join us! Phone Aimé Levy on 020 8907 1267 or email aimelvy@yahoo.com

Family History — HAC Pinner Room, Mondays 2pm

We meet 2-4pm in the Pinner Room at HAC, discussing a different topic each month. These range from considering how useful (or not) it is to have your DNA profiled to how to find records of ancestors before the start of 10-yearly censuses (1841) and the civil registration of births, marriages & deaths (1837). We hear case studies of successful research methods, help each other find ways round the brick walls we encounter, discuss ways of managing and storing all the stuff we find, and much more. Please see the diary for dates and contact details.

Kathy Westhead & Audrey Jarvis

New — Music Theory

My name is Phil Southgate, composer and piano teacher. You may have been put off studying music theory as a child, but my lectures will set out to show you that it can be both fascinating and fun.

What do we mean when we say C# or D-Flat? To understand the concept of a musical note we need to take a look at the simple physics of sound. Strings on a guitar vibrate at specific frequencies. The same is true of columns of air inside a pipe. These movements cause a disturbance which travels through the air to produce sounds.

So how do musical notes relate to one another? Our brains have the ability to perceive patterns when sound is organised mathematically. As long ago as 500 BC Pythagoras devised the basis for the musical scales that we still use today, establishing relationships between different frequencies.

We expect what we hear to tell us useful information about the world. But our brains can play tricks on us, which brings us to the central question of my series of lectures: Why did composers like Bach decide that the logical Pythagorean scale didn't actually work in practice?

To find out what all of this means, and unlock the secrets of music, come along to my series of lectures. The sessions would be on a Monday morning or Thursday afternoon. Depending on numbers the venue would be at Harrow Arts Centre. If you're interested please email me on philjsouthgate@gmail.com or phone on 07795 548509 letting me know which day you prefer.

New — Memory Course

We hope to run the popular memory course again in the coming months.

This is a professionally developed course by a Lancashire U3A, that research shows has helped improve memory techniques, and is now being run by U3As all over the country.

There will be a seminar held on Thursday 13th April at 10 a.m. at Harrow Arts Centre. This will explain the format and content of the course and requires a commitment to four two hour sessions, dates to be decided with the participants.

The course requires that members attend the seminar before enrolling on the course and as there is a maximum of 12 people there may be a waiting list.

If you are interested and would like to attend the seminar please contact Kathy Westhead by email at membership.hu3a@yahoo.co.uk or 'phone 020 8422 9895

New — Democracy in the UK — HAC Belmont Room, Fridays 10.00am

Mike Allen will be leading a series of classes on the foundation and history of Democracy in the UK, starting with Magna Carta, through the several Reform Acts, Women's Suffrage, the Representation of the People Acts, and lots more, up to modern Referendums and the status of the House of Lords. The course will also cover the development and change in the party system and party whips and other key developments such as the secret ballot and reduction and control of corruption and bribery.

Please refer to the Diary for full details.

An invitation from your committee

You are cordially invited to attend any of the committee meetings to further your understanding of the workings of Harrow U3A. There will be no obligation to shoulder a role or engage in a task and you will be made most welcome.

Please contact one of the committee to make arrangements to suit you.

Dress code: Casual

COUNTRY WALKS

Once a month on a Thursday
Programme for May to August 2017



18 May

An 8-mile linear walk across open countryside and through woods from Great Misenden to Wendover with lunch at Swan Bottom.

Leader: Brian Murphy Tel 020 8866 6056 Mobile 07814 644013

15 June

A circular walk of 7 miles from Tring station to Bulbourne for lunch via the Grand Union Canal and College Lake Wildlife Centre. Back via Pitstone Hill and Aldbury Nowers Nature Reserve.

Leader: Jim Niblett Tel 020 8428 3505 Mobile 07798 893700

20 July

An 8.5 mile circular walk from Amersham station with lunch at the Hit or Miss pub in Penn Street.

Leaders: John and Pat Wiseman Tel 020 8868 1465 Mobile 07949 760542

17 August

An almost circular 8 mile walk from Ruislip Station to Ickenham Station across farmland and along lanes and waterside paths. Lunch will be at the Bear on the Barge pub in South Harefield.

Leaders: Vivienne and David Gould Tel:020 8907 8099 Mobile:07876 791757

A reasonable level of fitness is assumed and walking boots or stout footwear are essential. The walks in the countryside may involve hills and footpaths or trails that are muddy in places.

We use public transport to get to the start of the walks and to return home. Details of transport arrangements will be circulated by email a week or so before the date of each walk. Often we need to choose from a lunch menu in advance of the walk.

Occasionally we may offer additional walks, perhaps shorter and in the afternoon. These will be advertised by email only.

*If you are new to the walks and would like to be on the email distribution list or for general enquiries please contact **Brian Murphy** on 020 8866 6056 or 07814 644013 or email b.murphy91@yahoo.co.uk.*

Or, if you want to try out a walk and have not been with us before please phone the walk leader in advance.

Come and join us for an enjoyable and sociable day out in the fresh air!

WALK AND TALK

(A stroll in a park at 10-11.30)

Fri: 12th May Cannons Park.
Meet at Marsh Lane entrance, off Silverton Way, Stanmore (Bus 340) HA7 4HS

Fri: 9th Jun Northwick Park & Harrow-on-the-Hill. Meet at Northwick Park station (Met line), HA3 0AB

Fri: 14th Jul Wood walk & Lawn Cemetery. Meet at Carpenders Park station (Overground), WD19 5AH

Fri: 11th Aug Roxeth Recreation Ground. South Harrow. Meet at free car park off Eastcote Road, HA2 8LQ

SUNDAY WALKS

(Linear walk starts 10.30)

For details refer to www.walklondon.org.uk or the Harrow U3A website.

Sun: 7th May London Loop 19; start: Chingford Station (rail)

Sun: 4th Jun London Loop 20; start: Chigwell Station (Tube)

Sun: 2nd Jul London Loop 21; start: Havering-atte-Bower (Bus)

Sun: 6th Aug London Loop 22; start: Harold Wood Station (rail))

FRIDAY LOCAL WALKS

4—6 Miles Starts 10.00am

Fri: 26th May Merry Hill Walk. 4 miles circular walk. Meet at Kemp Place Bushey, Bus 258, WD23 1DW.

Fri: 23rd June Bentley Priory Walk. Meet at free car park Old Redding, Bus 258 HA3 6SE.

Fri: 28th July Stanmore Country Park. 4 Meet at Stanmore Station, Jubilee Line, HA7 4TT.

Fri: 25th August Stanmore Common Nature Trail. Meet at Warren Lane Car Park Stanmore, Bus 142 along The Common, HA7 4FB.

COMPUTER COURSE

TABLETS & SMARTPHONES FOR ANDROID

This is a repeat of a previous course. Please note that it is NOT suitable for iPad / iPhone.

The course will cover the following topics:

- Setting up and Basics - Start it up and use it
- Use a touch screen
- Open an App
- Add an App shortcut to the home screen
- Access the Settings menu - access key information about their tablet/phone
- Connect to a Wi-Fi signal
- Browse a website
- Access the Google Play store
- Download and install an App
- Uninstall an App
- Access an E-mail account
- Managing photos - camera, gallery
- Create a basic document
- Save a basic document
- Locate a saved file

You will need to bring your tablet or phone with you. If you require something not covered above please email Pam who will forward it to me and I will try to incorporate it.

Course tutor: Mike Allen

Course Dates: **May 30th 31st and June 1st** 10.30am-2.00pm (30 minutes for lunch)
at **Bentley Wood High School for Girls**

Contact Pam Gonsal on gonsalpam@outlook.com to book your place on the course.

POETRY CORNER

SUSTAINABILITY BY JEAN MURPHY

S is for SCIENTISTS and gardeners to name but a few
Discuss and share knowledge both old and new.
U is for UNSURE of the fate of this planet of ours
I now seek more info - sometimes for hours.
S is for SOLAR panels of course should be on each roof
Wish I'd known sooner and that is the truth.
T is for TIDAL and wind power no matter the cost
More fossil fuels mean the battle is lost.
A is for AIR pollution, guest speaker, an excellent talk
Made me try harder to drive less and walk.
I is for INTEREST has led to a more global view
Of carbon emissions, environments too.
N is for NO longer buy, wear just once and then chuck
Dwindling resources and landfills of muck.
A is for ANTIBIOTIC abuse and food thrown away,
Obsolescence built in, plastic mountains each day.
B is for BEES and GM crops, nicotinoid bans,
All these have altered my gardening plans.
I is for IMPRESSED by the range of topics we've had,
Learnt about fracking and palm oil - both bad.
L is for LET'S all thank Richard and Helen once more
For ten years of meetings – CAN WE MAKE IT A SCORE ?
I is for ICE caps are melting, with rising of seas,
Wildlife extinction but people increase.
T is for TRUMP and his ilk, climate change they deny,
It is desperate they change NOW, so let us all try.
Y is for YOU sustainers all know the plight we are in,
Not safeguarding Earth is a cardinal sin!!

CHORUS:

Let's all thank Richard and Helen once more
For ten years of meetings – can we make it a score?

CROSSWORD ANSWERS

Across

- 7 Output (initial letters)
- 8 Meteor (anag)
- 10 RA-viola(n)
- 11 Ha-pp-y
- 12 Go-o-d
- 13 Star(t)s
- 17 Read-y
- 18 (P)Luck
- 22 I-mage (anag)
- 23 Yearned (anag)
- 24 Hea-L-th
- 25 Dot-age

Down

- 1 Co-u-rage
- 2 Stavros (Harry)
- 3 F(p)ut on
- 4 Tethers (anag)
- 5 Le-apt
- 6 Trays (anag)
- 9 Birthdays (anag)
- 14 Seventy (L+XX)
- 15 Put Near (anag + u)
- 16 S-kidded
- 19 F(L)ight
- 20 Ban-al
- 21 Manor (homophone)

RECENT ACTIVITIES

VALENTINE'S DAY DATE IN DOCKLANDS

14TH February 2017

The 14th February this year was a bright and sunny day - a perfect day for the visit to Docklands to celebrate Valentine's Day. It is an easy trip with your Freedom Pass using the Metropolitan and Jubilee lines. The smiling faces of the group members show they are having a good time. (see photos, back page) It was a great group, ranging from 65 to 95 in age but all with a younger spring in their step thanks to the beautiful sunny weather and the romance in the air!

The visit started with Docklands Museum, where the group was taken round by the curator responsible for a new

Exhibition on the "Archaeology of the Crossrail Tunnel" and then we were given time to explore the rest of the interesting displays covering three floors.

The museum is situated in an old warehouse building on the West India Quay formerly used for storing rum and sugar - valuable imports to this country for hundreds of years.

Creating the West India dock complex was the largest and most expensive project undertaken in the country at the time of its construction, 1790s to 1806, when it was opened. It remained in operation until the beginning of 1980's by which time a new era for the London docks was

beginning and the Canary Wharf development being planned. Only a narrow footbridge over the water in the North dock separates the old buildings around the Docklands Museum from the skyscraper forest of Canary Wharf where over 100,000 people arrive for work each day.

Our U3A group members decided to cross on the bridge to have a closer look at those amazing buildings and many tempting shops. Each lady in the group was given a red rose and the group made a traditional fizzy toast to St. Valentine.

Inga Stone

UPDATE FROM CULTURA LONDON

Over the winter we have been working hard to resurrect the plan to save the Harrow Arts Centre by taking it into the charity, Cultura London.

I am delighted to say that we have raised **£3.1m** for phase one of the Harrow Arts Centre development, which includes the new cinema.

£2.5 million of this funding will come from the John Lyon's Charity, subject to due diligence, as part of their social investment programme. We are delighted that both our charities share a very exciting vision for the future of Harrow's communities and their social and educational wellbeing. The John Lyon's Charity have never wavered in their support of the Cultura London vision and we are very grateful for their support.

A further £600,000 has been raised through the Arts Impact Fund. This prestigious fund is supported by Arts Council England, Esmée Fairbairn, Nesta, Bank of America Merrill Lynch and the Calouste Gulbenkian Foundation and is a key step to developing long term relationships with the nationally important grant-giving trusts and foundations.

Raising all this initial funding has been a crucial step forward. Coupled with Harrow Council's offer of a £1m grant, the fundraising target for the cinema build has been met. This is a pivotal moment in the context of plans to save Harrow Arts Centre, but also a significant milestone in the longer history of the buildings. The new cinema revenues from it should go a long way to making the Arts Centre financially secure for the first time.

We look forward now to finishing the design of the cinema and applying for planning permission. We will be providing more details on the Cultura London website, on the HAC website, on social media channels, and through sessions at the Centre. We are very keen to have your thoughts throughout the process. We want to let you know also about the all-important details – from the luxurious cinema seats, the state of the art sound, right through to the new catering offer. In addition we will tell you about some of the creative partnerships that we will be working on, such as enabling the streaming of world class live performance to the Arts Centre. Together we will make a creative destination for Harrow communities and beyond which will safeguard these assets for years to come.

We have one final hurdle to jump. We are entering the final days of negotiations with Harrow Council, with 95% of the detail agreed. Should the last moments go to plan we will take on the three services in April 2017 – and in celebration we will hold an open day which I hope you can all attend.

We are enormously grateful to everyone who has supported the vision – to everyone who has volunteered, fundraised, made donations; or provided invaluable input to the plans: your incredible support will never be forgotten. It has all been vital and we can't thank you enough. Your time is now!

Harvey Vasey
Project Director, Cultura London

TOURS AND VISITS

TOURS & VISITS MANAGEMENT COMMITTEE

J&M	Judith & Malvern Barnett	27 Wessex Drive, Hatch End, HA5 4PX m.barnett2011@btinternet.com	020 8428 9387
PB	Pat Bays	15 Woodhall Avenue, Pinner, HA5 3DY	020 8866 9274
JK	Jack Kushner	17 Sherbourne Place, 57 The Chase, Stanmore, HA7 3UH J.kushner17@gmail.com	020 8954 8671
PG	Pam Gonsal	16 Latimer Gardens, Pinner, HA5 3RA gonsalpam@outlook.com	-
MM	Mary Morgan	26 Fairview Crescent, Rayners Lane, HA2 9UD marymorgan.home@sky.com	020 8868 6649
IS	Inga Stone	5 The Dell, Pinner, HA5 3EW ingatours@aol.com	020 8868 0543
BEK	Barbara & Elkan Kohn	36 Blythwood Road, Pinner, HA5 3QG elkan@kohfamily.co.uk	020 8866 2248
TW	Toni Waxman	17 Sherbourne Place, 57 The Chase, Stanmore, HA7 3UH toni2bee@talktalk.net	020 8954 8671

HOW TO BOOK AN OUTING

Please note that **all** applications for bookings **must be by post**. To book a trip, fill in the relevant slip from the Tours & Visits Reservation Form and post **cheque and slip** to the organizers of the outing. (See addresses and phone numbers above). Enclose a **separate cheque for each event**; ALL CHEQUES MUST BE MADE PAYABLE TO **HARROW U3A TOURS & VISITS**; cheques will have to be returned to you if made out differently, as the Bank will not accept them.

If you include your email address on the booking slip where indicated, you will receive confirmation and the tickets by email. Otherwise, please send a stamped self-addressed envelope for the organiser to send you the tickets and/or other information.

To avoid the disappointment of finding that an event is already fully booked, especially those events close to the Newsletter publication date, you can receive advance notification of Tours and Visits, including Theatre and Concert outings. Please sign up as described below.

EMAIL NOTIFICATIONS

Please note that, in future, advance information about Concert and Theatre Visits will only be sent out by email. Therefore, please register your email address with *j.kushner17@gmail.com* if you wish to receive this information. For convenience, there will also be a notice pinned to the U3A Notice Board in the Lift entrance lobby at HAC.

Harrow U3A Members who wish to receive early notification of Concert and Theatre and other Outings by email, should send their email address to Jack once only so that they can be sent up-to-date information. You can then book your reservation by email, **but will still need to send a cheque for each event to the organisers**. Places will be held back to accommodate those not on computer so that they would not be disadvantaged; for two weeks after the Newsletter appears **only postal bookings are accepted** in order of arrival. If you are booking at a later date, first check availability.

BOOKING CONDITIONS

CANCELLATIONS: Where we are able to re-sell your ticket, we will make a refund less an administration charge. Tickets will always be offered in the first place to members on a waiting list for the outing.

DISCLAIMER: Please note that only trips advertised in our Newsletter and paid for via Harrow U3A are under the auspices of Harrow U3A.

DAY VISITS

TUE 30TH MAY—WREST PARK HOUSE & GARDENS

This beautiful house is set in 90 acres of garden. We leave Morrisons at 9.30 am. There will be hot drinks and biscuits on arrival (included). You will then have free time to have a self guided tour of the house. There is a good restaurant for you to buy lunch if required.

At 2 pm we have arranged a guided tour of the gardens and we intend to leave at about 4 pm
Cost £25. English Heritage members £17 (please bring EH card) J&M

TUE 6TH JUNE—EXHIBITION AT KENSINGTON PALACE : DIANA—HER FASHION STORY

Trace the evolution of the Princess's style, from the demure, romantic outfits of her first public appearances, to the glamour, elegance and confidence of her later life. Don't miss an extraordinary collection of garments, including the iconic velvet gown, famously worn at the White House when the Princess danced with John Travolta.

Nearest tube station is Kensington High Street where we will meet at 10.30am for our 11.00am admission.

Cost: £13.00

TW

MON 22ND MAY / WED 7TH JUNE — A WALK AROUND KINGS CROSS & ST. PANCRAS

Explore with Rachel Kolsky, one of our favourite London tour guides, in and around the newly renovated Victorian King's Cross and St. Pancras stations, where a whole area has undergone a dramatic transformation. Hear the stories behind the gothic splendour of the old Midland Grand Hotel, and about a German Gymnasium, public sculpture, one of Rachel's favourite writers and cross-channel travel. We end our tour near Granary Square.

Meet at 10.45am by the Henry Moore sculpture in the piazza in front of King's Cross station.

NB: Choose your date, and then fill in the appropriate corresponding green slip.

COST: £11

J&M / BEK

MON 26TH JUNE—SULGRAVE MANOR & BROUGHTON CASTLE

We will be picked up by coach locally in Hatch End or Harrow. On reaching our first stop, Sulgrave Manor, we will have coffee and meet our guide for the day. Sulgrave Manor is a Tudor and Georgian house built by direct ancestors of George Washington, the first President of the United States. Discover how Civil War, financial ruin, and a shipwreck led to Washington's great-grandfather seeking a fresh start in the New World. We will then have a two-course lunch, with tea or coffee, at the American-themed cafe — this is included in the price.

After lunch we head for Broughton Castle with our guide. The castle is a moated manor house near Banbury. It is home to the 21st Lord and Lady Saye and Sele, whose family name is Fiennes. The castle has remained in the same family since 1447. We will have a guided tour and coffee at the castle.

The cost of the trip is **£49.00**. This includes coach travel, entry into the two venues, guided tours at both venues, coffee on arrival, 2 course lunch with coffee or tea and coffee at Broughton Castle. PB

If you are a wheelchair user and/or need assistance with mobility, please ensure you discuss this with the Tour Organiser before you book an outing, so that your needs can be accommodated. We will do our best to make appropriate arrangements, but please be aware that this may not always be possible.

DAY VISITS CONT'D

THURSDAY 20TH JULY — A GARDEN DAY IN THE COTSWOLDS

For our day in the Cotswolds we have chosen the interesting part near Cirencester where many of the artists belonging to the Arts and Crafts movement set up their studios and workshops in the late 1800s. Rodmarton Manor, our first stop, is considered to be one of the best examples of the many great houses built by them [see photo, back page]. Both the house and its furniture were created for Mr Claud Biddulph by a group of Cotswolds Craftsmen involved in woodwork, metalwork, painting and garden design, led by Ernest Barnsley. It is a listed building and is still in the hands of the Biddulph family, which has helped to preserve the artists' plans. The interior of the house is excellent and we will be able to see it at our own pace. In the garden it is easy to appreciate the layout and original landscaping, even though some of the planted areas show signs of missing the 8 or 10 gardeners of yesteryears. Our main interest is the design of the individual features and how well they blend with each other.

Following this visit and a stop in the centre of Cirencester, where there are lunch possibilities, we drive the short distance to another small private garden. This is a very different garden, entirely made by the owner and concentrates on interesting plant material. It has been described as a hidden gem "crowded with precious perennials, romantic roses and curvaceous clematis".

We depart by coach from Harrow Arts Centre at 9am and our expected return time is 6.30/7pm.

COST: £39

IS

TUE 8TH AUGUST—ROYAL GARDEN & RIVER CRUISE

Enjoy a full group day out combining a visit to the Savill Gardens and a Boat trip from historic Runnymede along the River Thames with stunning views of Windsor Castle. We shall have a Ploughman's Lunch on board the boat and then visit the Savill Garden, a haven of beauty in the heart of Windsor Great Park. We will enjoy a delicious cream tea before returning home.

Depart 8.30am Sherbourne Place, Stanmore and side of Morrison's at 8.45am

Cost: £45.00

TW/JK

TUE 16TH AUGUST (POSSIBLY)—THE WATERMILL THEATRE, NEWBURY

It is our intention to book an outing to this theatre which would include lunch before the performance. Unfortunately the brochure will not be published until end of April early May but we need to know how many people would be interested. Estimated cost including lunch and gratuities **£49.00**

Please 'phone 020 8954 8671 if interested

TW/JK

CONCERT OUTING

THUR 4TH MAY—CONCERT AT THE CADOGAN HALL

The next Concert Outing will on Thursday 4th May 2017 at Cadogan Hall when **Tasmin Little** performs Tchaikovsky. The internationally acclaimed **Christoph Koenig** will conduct the **Royal Philharmonic Orchestra** in this warm and sunny Concert, which includes one of the foremost Concertos of the Romantic era.



Wagner—“Die Meistersinger von Nurnberg” Overture

Tchaikovsky—Violin Concerto

Rachmaninov—Symphony No 2

£34.00 including Coach and Gratuities

Please contact Jack Kushner on 020 8954 8671 before you return the booking slip to check that spaces are still available.



DIARY—DAILY SUMMARY

Mon	Tue	Wed	Thu	Fri
<i>WEEKLY</i>				
Creative Writing 1 Harrow U3A Art Studio Painting: Mixed Media Workshop	Choir Embroidery International Folk Dancing Bridge Non-teaching Current Affairs 1-4	Creative Knitting Tai-Chi Advanced Tai Chi Beginners/ Intermediate	Life: some experience & advanced students Watercolour Art Class Yoga	Portrait Drawing & Painting
<i>2-WEEKLY</i>				
German Beginners 2 & 3 Modern Jazz Appreciation Philately Spanish Advanced Stanmore Opera 1 Water-colour Painting Workshops 1 & 2 Water-colour & Oils Workshop	Book Club 1 Contrasts in Classical Piano Music French Refresher French Revision (year 3) German Conversation Advanced Improvers' Bridge Latin for Beginners Portuguese Advanced Portuguese Beginners/ Intermediate Rehearsal (Speaking in Public) Spanish for Beginners (year 3)	19th Century English Novel Ancient Greek <i>Classical Music</i> <i>Appreciation 1 & 2</i> Cryptic Crosswords Current Affairs 5 Digital Painting W'kshop French Conversation 1 & 2 French Intermediate Getting a Likeness : Portrait Jazz Appreciation 2 Latin Advanced Literary Discussion 1 Opera Spanish Intermediate <i>Stanmore Opera 2 & 3</i> War & Peace	Arts & Crafts Chamber Music French Conversation Advanced Interest in Science <i>Italian Conversation</i> <i>Adv. 1 & 2</i> Jazz Appreciation 1 Literary Discussion 2 Pre-Intermed. Spanish 1 & 2	Democracy in the UK Greek Literature Magic of Musicals Psychology of Everyday Life Rehearsal (Speaking in Public)
<i>4-WEEKLY/MONTHLY</i>				
Beginner's Cookery Creative Writing 2 Family History History Play Reading Sustainability	Cookery Renaissance Art Tinkering with Technology World Art	Garden Club	Book Club 2 Country Walks German Conversation <i>Preston Stammtisch</i> German Reading & Writing Middlebrow Book Club Monthly Speakers' Meetings	German/English Film Club Local Walks Walk and Talk

VARIOUS DAYS: Luncheon Club; Tours & Visits

SUNDAY MONTHLY: Sunday Walks; Sunday Group

SHORT COURSES: Android Tablets & Smartphones

NOTES: Some Monday and Friday classes may not occur owing to public holidays.

Class groups 1 & 2 in italics are on alternate weeks.

Check full details of all times and locations in detailed Diary.

HARROW U3A NOTICES

Harrow U3A website

Want to know what's on? — The Notice Board page will give you news and information which has become available since the publication of the newsletter, plus reminders of planned events month by month.

Can't lay your hands on your printed copy of the newsletter? — You needn't worry – it's there on our website and so is the Study Group Diary. You will also find links to important documents such as our Constitution, Standing Orders, AGM Minutes and much more.

Don't miss out – Go to www.harrowu3a.co.uk or, even better, make it your Home Page.

Webmaster: Dennis Kersh

Website Editor: Pam Gonsal

THE HARROW U3A YAHOO GROUP EMAIL LIST

is our major means for rapid internal communication with members. It is used to advise breaking news, announcements, and information about study/activity groups, local and national events, tours and visits, and much more.

To receive regular notices and updates of our activities **you need to join the group email listing**. *Even if you have given your email address to the Membership Secretary when joining or renewing, you will not automatically have been included in the group email list— this option can only be activated by you.*

Every Harrow U3A member who is connected to the internet is urged to register his/her name for inclusion on the completely confidential and secure mailing list.

THIS IS HOW TO DO IT:

New subscribers: Go to the Harrow U3A website www.harrowu3a.co.uk, hover your cursor over **Become a Member** and select **Instant Info Email List** and you will be taken to a link to join the mailing group — follow the simple instructions.

To notify of Change of Email address or To Unsubscribe from the Email list: Go to **Instant Info Email List** as above, and follow the instructions at the foot of the page.

If you wish to respond to a Notice issued via group email, please **DO NOT** use 'Reply', 'Reply to Sender' or 'Reply All'. You should send a separate email directly to the person(s) identified in the body text of the Notice, using 'Forward', or open a new email message.

CAR PARKING

Please park within the parking lines at Harrow Arts Centre and **PLEASE DO NOT** block the ramp to the Hatch End Suite.

Visitors to Harrow Arts Centre are permitted, indeed encouraged, to park in MORRISONS' supermarket car park. This is open from 8am until 11pm. Whilst no guarantee can be given, it is considered safer than the overcrowded Arts Centre car park.

An important message to all Members and Group Leaders

Please remember to switch off mobile phones or select "silent ring" during lectures, talks and other activities. Ringing and bleeping are very distracting to other members. Please also refrain from using tablets with a stylus or any other gadgets that can create a noise which could disturb the concentration of members attending lectures.

If a member is not well, has been in hospital, or they have not attended meetings for a while, let me know so that I can check on their welfare. Please do not remove them from your register until we know if they will be returning. Also, please let me know if a member has been bereaved.

Thank you.

Susan Field, Members' Liaison Officer, 01923 819162 susanj.field@ntlworld.com

HARROW U3A NOTICES

HARROW U3A MANAGEMENT COMMITTEE

Life President: Georgina Butcher 020 8428 2665 butcher560@btinternet.com

<i>Chairman</i>	Anne Gerrard	020 8954 4110	chairman.hu3a@yahoo.co.uk
<i>Vice-Chairman</i>	Gwen Wright	020 8864 9019	gwen.wright@virgin.net
<i>Hon. Secretary</i>	Lynne Dorff	020 8428 4140	secretary.hu3a@yahoo.co.uk
<i>Hon. Treasurer</i>	Madhu Badale	020 8421 3485	madhub462@gmail.com
<i>Membership Secretaries</i>	Kathy Westhead Frances Howard	020 8422 9895 020 8868 8348	membership.hu3a@yahoo.co.uk franhow@btinternet.com
<i>Study Group Co-ordinator</i>	Rhoda Luer	020 8861 0022	studygroupcoord.hu3a@yahoo.co.uk
<i>Publicity Officer</i>	Mike Allen	020 8868 0335	mikeallen1948@yahoo.co.uk
<i>Speakers' Secretary</i>	Helen West	020 8907 8252	helenwe@aol.com
<i>Enquiries Officer</i>	Sheilah Lowe	020 8861 3821	sheilahlowe62@sky.com
<i>Members' Liaison Officer</i>	Susan Field	01923 819162	susanj.field@ntlworld.com
<i>Diary Administrator</i>	Anne Gerrard	020 8954 4110	study2.hu3a@yahoo.co.uk
<i>Premises Officer</i>	Alan Klein	01923 824837	a2zk@thekleins.co.uk
<i>Equipment Officer</i>	Alan Klein	01923 824837	a2zk@thekleins.co.uk
Non-Committee Members:			
<i>Tours and Visits</i>	Jack Kushner	020 8954 8671	j.kushner17@gmail.com
<i>Web Master</i>	Dennis Kersh	07533 660113	webmaster.hu3a@talktalk.net
<i>Web Editor</i>	Pam Gonsal	-	gonsalpam@outlook.com
<i>Newsletter Editor</i>	Stephen Dorff	020 8428 4140	newsletter.hu3a@yahoo.co.uk

NEW MEMBERS: For all enquiries regarding membership, please contact our **Enquiries Officer** — see contact details above.

EXISTING MEMBERS: if you **change your address, phone number, email address, etc.**, please remember to inform the **Membership Secretaries** . — send an email to membership.hu3a@yahoo.co.uk or phone 020 8422 9895, which has an answering machine if no-one is in.

Starting a new group?

If you are considering starting a new Group, please contact Rhoda Luer (the Study Group Co-ordinator—details above), who will be happy to offer advice. She will liaise with the Premises Officer and Diary Administrator to ensure that rooms are booked if necessary and details are included in the Diary.

FREE, 24-HOUR
LEGAL ADVICE
FOR U3A MEMBERS

Arc Legal Assistance can advise U3A members on **any** legal issues, **not** just U3A-related ones!

Arc Legal Assistance
in partnership with Irwin Mitchell Solicitors

Telephone 0344 770 1040

Quote—U3A



Legal Helpline

U3A National Office

The Third Age Trust
The Old Municipal Buildings
19 East Street
Bromley
Kent BR1 1QE
020 8466 6139
National.office@u3a.org.uk
www.u3a.org.uk

HARROW U3A PHOTOCALL



St. Valentine's Day at Docklands see page 9

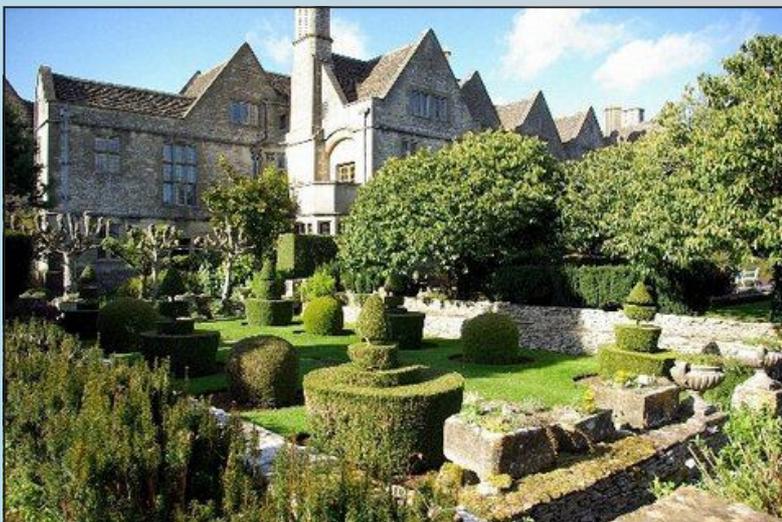
↑ Most of our group in the sunshine outside the Dockland's Museum
Photo Tony Law

← Inside Dockland's Museum in front of a wooden ship exhibit

This Newsletter and Diary are also available on the Harrow U3A website at www.harrowu3a.co.uk where you will be able to enlarge the view for ease of reading smaller print if necessary.



Monthly Speakers 23 Feb—Prostate Cancer
Trevor Walker & Dr Anna Wilkins
Photo Geoff Wolfson



Cotswolds: Rodmarton Manor

see page 12
Photo © Rodmarton Manor